

PLAN FOR CAREER CHANGE

Career choices made after graduation rarely can anticipate future technological and economic changes. As a result, 5 to 20 years into their careers, many individuals notice that something is wrong – their jobs have turned into chores.

TO CHANGE CAREERS OR NOT TO CHANGE CAREERS:

How To Make The Right Decision

1. Determine the pros and cons

- Brainstorm ideas
- Remember to list your fears
- Number your concerns accordingly with "1" being the most important
- Which concern has the greatest impact on your life?

2. List your career goals

- Note what you wish to achieve
- Highlight your assets and your skills

3. Transfer your skills and assets to career options

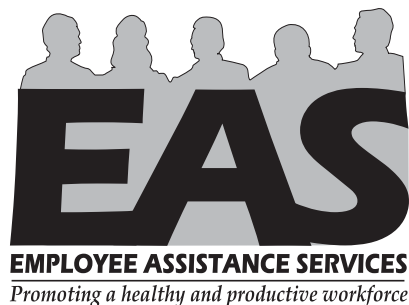
- What can you do with what you have?
- Look in terms of general abilities
- How can your knowledge be used in another field?

4. Don't forget internal possibilities

- You know the system
- They know your abilities
- Often less stressful

Changing careers is an exciting option for you and your family. Choosing a new career path may lead to a higher salary, additional fringe benefits and a new sense of accomplishment and pride. However, getting to that level requires patience, planning and persistence.

For more information on how you can cope with the possibility of changing careers, contact:



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